Border xborder = new Border();

xborder.HorizontalAlignment = HorizontalAlignment.Stretch;

xborder.VerticalAlignment = VerticalAlignment.Stretch;

xborder.Margin = new Thickness(0.5); // небольшой отступ чтобы было место для Border.

Style style = new Style();

style.Setters.Add(new Setter(Border.BorderBrushProperty, new SolidColorBrush( Colors.Transparent)));

style.Setters.Add(new Setter(Border.BorderThicknessProperty, new Thickness(0.5)));

Trigger trigg = new Trigger();

trigg.Property = Border.IsMouseOverProperty ;

trigg.Value = true;

trigg.Setters.Add(new Setter(Border.BorderBrushProperty, new SolidColorBrush(Colors.Gray)));

trigg.Setters.Add(new Setter(Border.BorderThicknessProperty, new Thickness(0.5)));

style.Triggers.Add(trigg);

xborder.Style = style;